

# Eric Fleming

## CEO, Fleming Job Hall & Associates

Eric Fleming is a sought-after corporate psychologist, mindset coach, author, and keynote speaker with over 25 years of experience helping companies, executives, and individuals adapt, evolve, and perform at their best. His work spans four continents and a wide range of industries—including media, music, finance, publishing, healthcare, government, sport, and entertainment.

With a foundation in frontline mental health and sports psychology, Eric brings a grounded, real-world understanding of how individuals and teams navigate change. This practical expertise underpins his work with organisations undergoing growth, transformation, and cultural realignment. He is particularly known for supporting teams and cultures through complex restructures and mergers, ensuring smoother integrations and more cohesive outcomes.

A passionate writer and communicator, Eric has been published in outlets ranging from teen magazines to academic psychology journals. His first book, *Don't Think About Purple Elephants*, available on Amazon, translates proven psychological principles into accessible coaching strategies that can be applied across all areas of life.



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